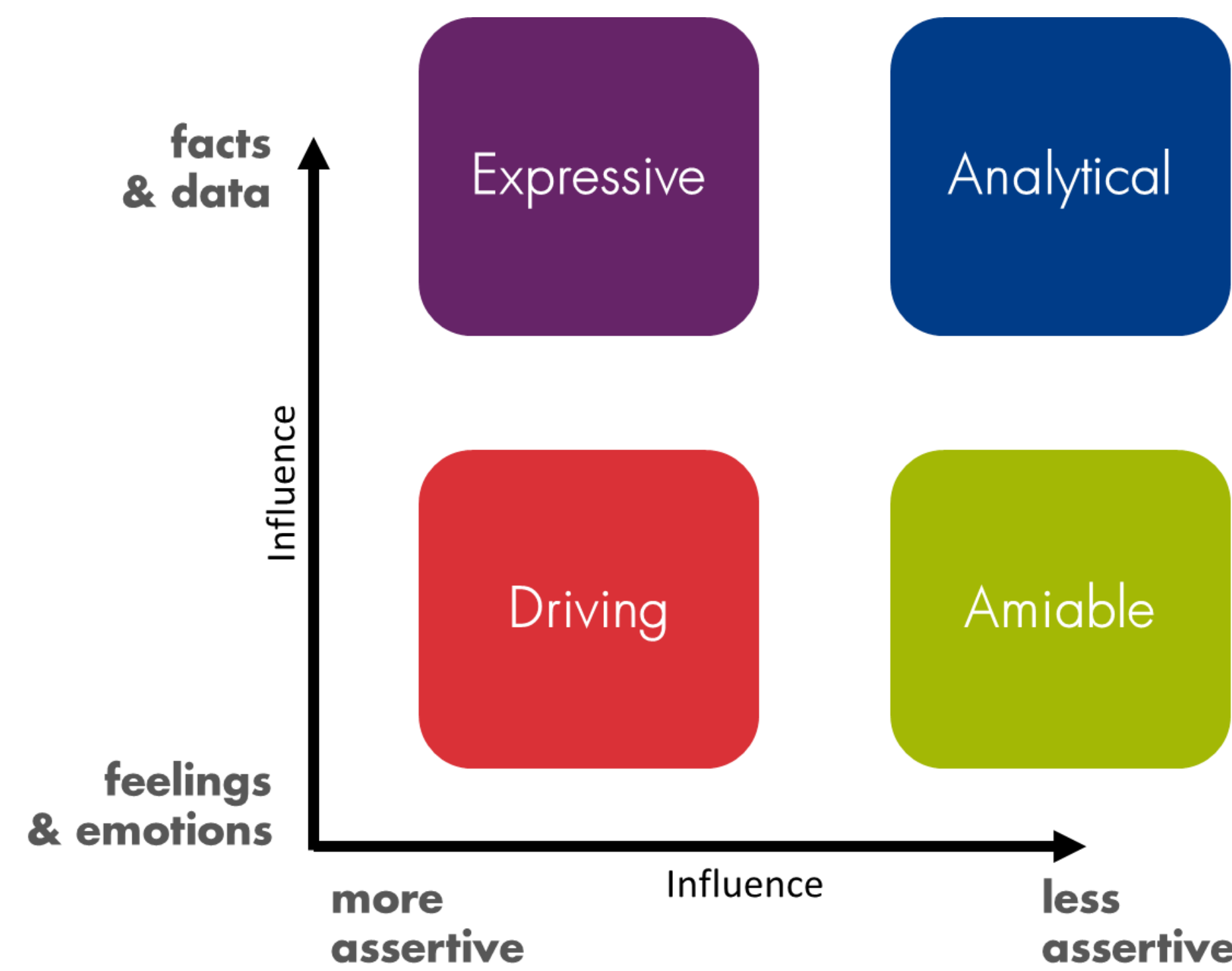




# Maritime Wellbeing

## Social styles at work

People have different styles of working with others.  
If you are aware of them you can help create stronger, more diverse teams.



Each style has its strengths but also some possible weakness. What are they?

### Expressive

- | Strengths  | Weaknesses |
|--|------------|
| • Stimulate creativity                           | •          |
| • A sense of fun                                 | •          |
| • Energy and enthusiasm                          | •          |
| • Focus on vision                                | •          |
| • Promote team spirit                            | •          |
| • Willingness to try new thing, break new ground | •          |
| • Encourage the team to be the best              | •          |

### Analytical

- | Strengths  | Weaknesses |
|--|------------|
| • Objectivity  | •          |
| • Precision & thoroughness                             | •          |
| • Attention to detail                                  | •          |
| • Systematic thinking                                  | •          |
| • Emotional consistency                                | •          |
| • Willing to explore alternatives                      | •          |
| • Encourage the team to think carefully and rationally | •          |

### Driving

- | Strengths   | Weaknesses |
|---|------------|
| • Decisiveness  | •          |
| • Efficiency  | •          |
| • Tell it how it is                                     | •          |
| • Results focused                                       | •          |
| • Practical   | •          |
| • Tough   | •          |
| • Willing to take risks                                 | •          |
| • Encourage team to make fast decisions and take action | •          |

### Amiable

- | Strengths  | Weaknesses |
|--|------------|
| • Supportive                                       | •          |
| • Show empathy                                     | •          |
| • Loyal  | •          |
| • Team focused                                     | •          |
| • Concern with others development                  | •          |
| • Willing to share recognition                     | •          |
| • Encourage the team to look for win/win solutions | •          |

